

APPENDIX B
Individual Learning Plan

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From: *Cognitive Information Processing: Career Theory, Research, and Practice*,
Chapter 7 (https://doi.org/10.33009/fsop_sampson1123.ch07)

Individual Learning Plan¹

[Insert Name and Address of the Career Service Organization]

Goal(s): #1 _____
 #2 _____
 #3 _____

Resource, Activity, or Service	Purpose	Estimated Time Required	Goal #	Priority

The purpose of this plan is to select resources and services that may be useful for making a career choice. Activities or resources included on the plan can be added or subtracted as needed.

Name	Date	Staff Member	Date
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¹ From Sampson, J. P., Jr. (2008). *Designing and implementing career programs: A handbook for effective practice*. Broken Arrow, OK: National Career Development Association. © 2008 National Career Development Association. Permission is granted by the National Career Development Association to reproduce this handout for nonprofit use.